

# Face Mask with elastic ear loops + nose bridge wire - Instructions

## Supply List and Instructions:

- Cotton Fabric
  - 1/2" extra wide double fold bias tape - 4 1/2" strip (or make your own, Google it)
  - 18 or 20 gauge 2 strand, solid core bell wire (get at Home Depot or Lowes) – 4"
  - 12" elastic (2- 6" pieces)
  - All purpose thread
  - Sewing Machine
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1. You need 2 pieces of fabric 8" x18". These can be the same fabric or choose one fabric for the outside mask and a different fabric for the lining.
2. Fold fabric in half with right side together so you have an 8"x 9" square (wrong side on outside).
3. Cut 1/4 inch to 1/2 inch around the pattern piece (this will give you seam allowance). Do the same with the lining fabric.
4. Using a 1/4" - 1/2" seam allowance, sew the 2 pieces for the outside of the mask together along the curve (right sides together). Do the same with the 2 lining pieces.
5. Carefully snip along the curve of each piece making sure not to go through the seam. Press the seam allowance to one side. Topstitch the allowance near the seam line. Repeat this with the lining fabric.
6. **With right sides facing each other**, match up the outer mask with the lining being sure to align the center seam. NOTE: the ear flaps will likely NOT match up and that's ok.
7. Using a 1/4" - 1/2" seam sew along the top curved section of the mask and the bottom straight edge of the mask . Stop when you get to the end; do not stitch the outer mask seams closed.
8. Turn right sides out and press.
9. Fold in the ear flaps till the rough edges are tucked inside of the mask (about 1/4" - 1/2") Take one piece of the elastic and slide it into the folded section of the ear flap. Using a zig-zag stitch secure this in place. Secure where feels most comfortable for you. Repeat till all elastic is in place.

- 10.** Cut a 4 1/2" strip of 1/2" wide bias tape. Center it across the top curve of the lining fabric (it will be on the inside of the mask). Sew with a straight stitch around 3 sides of this bias tape (leave 1 short side open), making a pocket for the nose wire.
- 11.** Cut a 4" piece of wire and insert it into the pocket. Sew the last side close.
- 12.** If you are adding a changeable filter fabric inside, leave the sides open.
- 13.** If you are not adding a filter fabric that you can remove and replace as you wish, then sew the edges closed with a straight stitch.
- 14. Your mask is complete.** Enjoy, be well and make one for an EP or loved one.

**TIP:** Watching through the YouTube video once may be helpful as you follow along these steps. If you have any questions, please feel free to email me at [info@umecreative.com](mailto:info@umecreative.com) and I will try to answer as best and as quickly as possible.